

AFTERCARE SCULPTRA



SCULPTRA is a cutting-edge biostimulator designed to enhance your natural beauty by stimulating your skin's own collagen and elastin production. This unique dermal filler not only delivers instant contouring but also offers long-lasting improvements in skin texture and elasticity, with results that can last up to 12-15 months or more.

SCULPTRA is perfect for non-surgical facial lifting and long-term correction of deep wrinkles and folds, such as nasolabial lines.

SCULPTRA treatments may result in some swelling, bruising and redness - these are normal side effects and typically subside with a few days. Protect your skin and maintain results by following a healthy skincare routine and consider maintenance treatments as recommended by your practitioner.

HOW SOON WILL I SEE THE RESULTS AND HOW LONG WILL THEY LAST?

You'll notice immediate improvements with natural, subtle results that complement your unique features. Minimal downtime means you can return to daily activities quickly and with its long-lasting results, SCULPTRA is perfect for those who prefer occasional, minimally invasive treatments with excellent longevity.

Initial volume from the injection may be visible but is due to the sterile water mixed with the product, which will be absorbed within a few days.

SCULPTRA works by stimulating collagen, so expect to see full results gradually over the next few months as your skin regenerates.

Most clients see visible results to skin texture and volume within 4-6 weeks of treatment but the results are long-lasting with improvements maintained for up to 2 years as the collagen rebuilds and supports the skin.

Optimum results are achieved after a series of treatments as recommended by your practitioner.

POST TREATMENT CARE TIMELINE

THE NEXT FEW HOURS	TODAY	TOMORROW	THE NEXT WEEK	THE NEXT 2 WEEKS
<p><input checked="" type="checkbox"/> Apply cold compress to reduce swelling and discomfort at the injection sites for the first 24 hours.</p>				
<p><input checked="" type="checkbox"/> Avoid wearing makeup for the rest of the day after your treatment.</p>				
<p><input checked="" type="checkbox"/> Gently massage the treated areas for 5 minutes, 5 times a day for 5 days. This helps evenly distribute the product and promotes natural results.</p>				
<p><input checked="" type="checkbox"/> Avoid excess heat for the first week - steer clear of saunas, steam rooms, sunbathing and intense exercise that may cause excessive sweating.</p>				
<p><input checked="" type="checkbox"/> Stay hydrated - drink plenty of water to support collagen production and maintain optimal skin hydration, especially over the first week post-treatment.</p>				
<p><input checked="" type="checkbox"/> Avoid alcohol and blood thinners for the first week. Minimise alcohol and medication like aspirin or ibuprofen which can increase the risk of bruising.</p>				
<p><input checked="" type="checkbox"/> Protect your skin with a high-SPF sunscreen daily to protect the treated areas from UV damage. This should be done as part of a longer term skin maintenance routine.</p>				



WHEN TO SEEK URGENT REVIEW

- **Severe Pain or Swelling:** If you experience intense pain, excessive swelling, or persistent redness that worsens instead of improving.
- **Signs of Infection:** Symptoms such as fever, chills, warmth, or pus at the injection site could indicate an infection and require immediate attention.
- **Unusual Lumps or Discoloration:** If you notice hard, painful lumps or skin discoloration (such as white or bluish patches), seek medical advice promptly, as this may indicate a rare vascular issue.

If you experience any of these symptoms, contact your practitioner or seek medical help immediately.

If you have any questions or need any advice, then please do get in touch.